



NSW Consumer Advisory Group –
Mental Health Inc (NSW CAG)

Annual Report

2005-2006

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About NSW CAG

Vision

Our vision is empowered mental health Consumers and Carers who experience their rights to respect, dignity and self-determination every day.

Mission

NSW CAG's Mission is to:

- Provide independent representation and a strong, informed voice for the diversity of Consumers and Carers in NSW in state policy and service development, implementation and evaluation;
- Ensure empowerment of Consumers and Carers through education across all sectors of the community;
- Articulate and defend the rights of Consumers and Carers;
- Work in partnership with all stakeholders in mental health to achieve best practice in mental health care for all.

Key Areas of Work

- NSW CAG has representatives who sit on various State and Federal committees. This ensures that the views of mental health consumers and carers in NSW are heard.
- NSW CAG provides feedback to the NSW Department of Health Centre for Mental Health as it develops policy that relates to consumers and carers.
- NSW CAG develops and works on projects that relate to consumer and carer participation in the mental health sector.
- NSW CAG provides information to consumers, carers and others via mail, E-mail, and our website. This includes a free newsletter NSW CAG INFO_LINK and our weekly E-news. People can receive this information by joining NETWORK NSW. People can also ask for information to be distributed and can contribute to the newsletter.
- NSW CAG seeks the views of consumers and carers in NSW on mental health issues using various means including the newsletter.
- NSW CAG holds and promotes conferences, seminars and forums of interest to consumers and carers that provide information and facilitate discussion about mental health issues.

Chairperson's Report

As I write this report the removalists are busy packing at Rozelle for the move of NSW CAG to its wonderful new premises at 501/80 William St in the city, near Hyde Park. What a difference this will make to the staff's working conditions. They deserve it!

Douglas Holmes, our long time Executive Officer, has left us to take on the position of Consumer Consultant Co-ordinator at St Vincent's Hospital at Darlinghurst. On behalf of the Board of Trustees of NSW CAG I would like to thank him for his meritorious service to the consumer movement at large and especially to NSW CAG. We wish him all the very best. Gillian Malins, who was the Mental Health Consumer Perception and Experience of Services (MH-CoPES) Project Officer for NSW CAG, has been appointed the new Executive Officer.

The MH-CoPES Project is into its second phase, which is very exciting. There is more information about MH-CoPES in the projects section of this report. We have been working on our Constitution to refine it to meet our growing needs. We have also been working on revamping our Strategic Plan.

In December last year we held a conference titled "Forging our Future 3". This was held in Wollongong and was a great success. There were 160 attendees from around the state and some from interstate. The venue was superb. The speakers were both entertaining and informative and most importantly it was great to get consumers, carers and providers interacting about important issues at the conference.

The National Mental Health Report was released in December 2005. The report contains a summary of ten years of reform in Australia's Mental Health Strategy 1993-2003. In June this year the NSW State Government released a five year plan, which is very promising for mental health in this state. Of the \$712 million promised a portion has already been spent on various projects such as Housing and Accommodation Support Initiative (HASI) (supported accommodation) and Psychiatric Emergency Care Centres (PECCS).

I sit on a number of committees and if any readers would like information on issues pertaining to them they may contact me through the NSW CAG office on 93320200. The committees I represent NSW CAG on are the following:

- Consumer Advocacy Course Committee,
- Health Care Complaints Commission Consumer Consultative Committee,
- Mental Health Outcomes and Assessment Tools and Training Consumer Consultative Committee (MHOAT CCC),
- MH-CoPES Steering Committee,
- Older Peoples' Mental Health Working Group,
- Joint Guarantee of Services (JGOS) for people with Mental Health Problems and Disorders living in Aboriginal, Community and Public Housing
- Official Visitors Advisory Committee,
- NSW Mental Health Implementation Taskforce(confidential),

- Benchmarking in Non Acute Inpatient Mental Health Units (InforMH), and
- National Mental Health Consumer and Carer Forum.

I wish to thank the staff Maureen O’Keeffe, Yvette Cotton and especially Gillian Malins without whom we could not have coped over the last five months. I thank her for her dedication in carrying on two jobs with remarkable alacrity.

May the year bring you health and happiness.

Anna Saminsky

Executive Officer's Report

The 2005 – 2006 Financial Year was a notable one for the NSW Consumer Advisory Group, bringing some great achievements, and much change. A major change for NSW CAG occurred with Douglas Holmes leaving, and my appointment as Executive Officer in early June 2006. I would like to thank Doug for his commitment to NSW CAG and to working to achieve genuine consumer and carer participation. Another key change was the adoption of a new constitution at the 2005 Annual General Meeting, which changed the structure of NSW CAG membership, which you will see reflected in the "People behind NSW CAG" section on page 7.

An important highlight of the year was the Forging Our Future 3 Conference, which we held in Wollongong in December 2005. The conference was an opportunity for consumers, carers and services to share ideas and enthusiasm. We were fortunate to have an array of interesting and engaging keynote addresses. From the evaluations of the conference it is evident that the conference was thought provoking and well enjoyed. I would like to thank everyone who attended and got involved in making the conference such a rewarding experience. I also want to thank Frank Deane and Lindsay Oades from the Illawarra Institute for Mental Health, University of Wollongong, for their help in planning and organising the conference.

At the conference, Ms Noreen Hay, Member for Wollongong, announced funding for Stage 2 of the Mental Health Consumers' Perceptions and Experiences of Services (MH-CoPES) project, and NSW CAG launched our report on Stage 1. Marking the completion of the Stage 1 work, and commencement of Stage 2 was a major development for the project. I would like to acknowledge the contribution of the people involved in the Stage 1 Technical Working Group, whose dedication and passion have driven the project from Stage 1 into Stage 2. Work on Stage 2 of the project has focused on planning, and developing clear agreement with the Department of Health on the scope and expected outcomes for this stage of MH-CoPES. I expect trialling of the MH-CoPES Framework for Consumer Evaluation and the Questionnaire to begin in the first half of 2007.

In the following pages you will be able to read about NSW CAG's work over the 2005-2006 Financial Year. I would like to acknowledge the great work of the staff at NSW CAG, and the dedication of our Board of Trustees. Thank you to each of you for your support, and commitment to NSW CAG over the past year.

I look forward to the coming year, working with NSW CAG to develop a strong strategic direction for the organisation, and continuing the important work we have been doing.

Gillian Malins

People behind NSW CAG

NSW CAG Members / Board of Trustees

NSW CAG Members (July 2005- October 2005)

Anna Saminsky – Chair
Brenda Spencer
Kerrie Dissegna
Jenny Mackellin
Jenny Coleman
Gillian Holt
Robert Cairns
Clare McCormack
Karen Wells
Kylie White

NSW CAG Board of Trustees (November 2005 - June 2006)

Anna Saminsky – Chair
Brenda Spencer
Kerrie Dissegna
Jenny Mackellin
Jenny Coleman
Gillian Holt (until April 2006)

Secretariat

Douglas Holmes – Executive Officer (until May 2006)
Gillian Malins – MH-CoPES Project Officer (until June 2006) and Executive Officer (from June 2006)
Yvette Cotton – Communications Officer
Maureen O’Keeffe – Administration Officer

NSW CAG Projects

Mental Health Consumers' Perceptions and Experiences of Services (MH-CoPES)

This financial year saw Stage 1 of the MH-CoPES Project completed. The Stage 1 report, published by NSW CAG, was launched at the Forging our Future 3 Conference in December 2005. The Stage 1 Technical Working Group and I enjoyed a celebratory session at the conference, where we launched the report, and provided an overview of the work we had conducted in Stage 1. The report on Stage 1 can be found on our website, www.nswcag.org.au by following the "projects" link and choosing "MH-CoPES." During the first half of 2006 we have been working to follow-up with the Centre for Mental Health on publication of the Stage 1 report by NSW Health. The report published by NSW Health will also be available on our website when it is released.

Funding to conduct Stage 2 of the MH-CoPES project was announced by Ms Noreen Hay, Member for Wollongong, on behalf of Cherie Burton, Minister Assisting the Minister for Health (Mental Health) at the Forging our Future 3 conference. Stage 2 aims to develop MH-CoPES consumer evaluation ready for use in mainstream practice in NSW Mental Health Services by building on the developments in consumer evaluation of mental health services achieved in MH-CoPES Stage 1.

Our main focus for Stage 2 during the year has been establishing the scope for the second stage of the MH-CoPES project, and developing a detailed project plan to guide the work of trialing the MH-CoPES Framework and Questionnaires, which are presented in the Stage 1 report. A Steering Committee has been established to oversee Stage 2, who report directly to the NSW Health Mental Health Program Council. The Steering Committee includes representatives from NSW CAG, the Centre for Mental Health, InforMH, and a number of Area Mental Health Services. The Steering Committee has met monthly since January 2006, and are close to endorsing the project plan and agreed way ahead for Stage 2.

Count Me In

This youth mental health project is funded by a small grant from Marrickville Council's Community Grants program 2005. The *Count Me In* project is looking at mental health promotion for young people in the Marrickville area, and aims to promote the mental health of young people through a community art project.

NSW CAG Events

Forging Our Future 3 Conference

NSW CAG held the third Forging Our Future's conference on 9th and 10th of December 2005. One hundred and sixty people attended the conference which was held at the Novotel Hotel in Wollongong. The conference was a great success with people coming from many states and even visiting from New Zealand. The MH-CoPES stage one report was launched at the conference. Wollongong M.P. Noreen Hayes opened the conference. Excellent, thought provoking keynote addresses were provided by:

- Professor Beverley Raphael, "*Futures for Mental Health*";
- Leonie Manns, "*A blast from the past*";
- Judy Hardy, "*An historical perspective on consumer and carer participation in Australia*"
- Warren and Gillian Holt, "*Whose story?*"; and
- Dr Lindsay Oades, "*Recovery: is forging more important than the future?*"

Many interesting and varied topics were covered over the two days in the presentations. In addition to the keynote speakers there were 35 presentations, 4 posters, two workshops and an entertaining "Housing Hypothetical".

Ministers' XI Cricket Match

The Ministers' XI cricket match is an annual event organised by NSW CAG, Aftercare and the Schizophrenia Fellowship. This years' match between Aftercare and Morriset was held at the end of Mental Health week in October 2005. Despite the cool and windy conditions the teams played brilliantly. In attendance was the Hon John Hatzistergos, Minister for Health. The winning team was Aftercare. Spectators were entertained by the locally based Robbers' Dog Jazz Band.

NSW CAG Consultations

Telewest session “Sharing Mental Health Information”, organised by NSW CAG and the Centre for Rural and Remote Mental Health – 2nd August 2005

Community Forum about Mental Health Telephone Access Lines, Rozelle Hospital Conference Centre – 24th April 2006

NSW CAG's Network – NETWORK NSW and Website

We use three main ways to stay in touch with NSW CAG's network, NETWORK NSW:

- Our newsletter – NSW CAG INFO_LINK
- The NSW CAG website
- E-mail updates

Newsletter: NSW CAG INFO_LINK

During the 2005-2006 financial year, two issues of NSW CAG INFO_LINK (Issues 8 and 9) were distributed by mail to approximately 900 people, mostly consumers and carers in NSW. The newsletters are also available on the NEWS page of the website.

Website

Updating the NSW CAG website is an ongoing job. During this financial year we have started to include information about events from various organisations that may be of interest to consumers and carers in NSW on our ACTIVITIES page. Other pages have also been updated.

E-mail

To help our network keep in touch, we regularly pass on by email news of mental health events and other information to people on our email list (approx. 150 people).

NSW CAG Representation on Committees

National Committees

National Mental Health Consumer & Carer Forum (NMHCCF)

State Committees – Convened by Centre for Mental Health

Joint Guarantee of Service (JGOS) for people with Mental Health Problems and Disorders living in Aboriginal, Community and Public Housing

Mental Health Information Steering Committee

Mental Health Outcomes and Assessment Tools and Training Consumer Consultative Committee (MHOAT CCC)

Official Visitors Advisory Committee

NSW Mental Health Implementation Taskforce

Mental Health Emergency Care Committee

Older Peoples' Mental Health Working Group

Chronic and Continuing Care, Rehabilitation and Recovery Working Group

Benchmarking in Non Acute Inpatient Mental Health Units (InforMH)

State Committees – Convened by other organisations

NSW Carers Coalition

Gulaymaldhaany Network

Depression and Mood Disorders Association NSW Planning Group

NSW Mental Health Promotion Advisory Committee

Carers' Alliance

Centre for Rural and Remote Mental Health

Council of Social Service of NSW (NCOSS) – Health Policy Advice Group

Morisset Flames – Forensic Group

Board of Mental Health Coordinating Council (MHCC)

Children of Parents with a Mental Illness (COPMI)

Mental Health Information Steering Committee

NSW Carers Program Advisory Group

Black Dog Institute Consumer & Community Advisory Group

Mental Illness & Criminal Justice

Housing and Accommodation Support Initiative (HASI) Evaluation / Reference Group.

Consumer Advocacy Course Committee

Health Care Complaints Commission Consumer Consultative Committee

Other NSW CAG Representation

Planning for the Future NSW Health 2025, Sydney Convention Centre – 18th July 2005

MHCA Employer Forum “Promoting Supportive workplaces for people with Mental Illness, Darling Harbour, Sydney – 20th July 2005

Anxiety Disorders Alliance Committee Meeting – 20th Sept 2005

Focus group about a new bipolar disorder website – Eli Lilly- 2005

Roundtable Industrial Relations Reforms held by Australian Services Union (ASU) and Council of Social Services of NSW (NCOSS) – 15th Dec 2005

Mental Health and Criminal Justice Forum, Mental Health Coordinating Council (MHCC) – 1st February 2006

Focus group – GPs and Mental Health Pamphlet, Mental Health Council of Australia – 14th March 2006

Consumer Issues Conference – Consumer Activity Network - 3rd and 4th May 2006

Comorbidity Forum – Mental Health and Substance Use - 4th May 2006

Quality Use of Medicines and Mental Health – a national stakeholder workshop hosted by the Mental Health Council of Australia – 27th June 2006

NSW CAG Presentations

Building consumers' voices into needs assessment in New South Wales, presented by Gillian Malins at the World Psychiatric Association section of Epidemiology and Public Health meeting, 7th July 2005, Brisbane QLD

Mental Health Consumer Perceptions and Experiences of Services challenging our methods of evaluation, presented by Gillian Malins at Health Outcomes 2005: Making a difference, 11th Annual Conference, 17th-18th August 2005, Canberra ACT.

Services moving to a consumer rhythm: Mental Health Consumer Perceptions and Experiences as part of services continuous improvement (MH-CoPES) presented by Susan Palmer and Gillian Malins at 15th Annual TheMHS Conference, 31st August-2nd September 2005, Adelaide SA.

Recovery by Consumers for Consumers symposium by Paula Hanlon, Leonie Manns, Douglas Holmes and Julie Millard at 15th Annual TheMHS Conference, 31st August – 2nd September 2005, Adelaide SA.

23 Big Issues Revisited presented by Douglas Holmes at 15th Annual TheMHS Conference, 31st August – 2nd September 2005, Adelaide SA.

Achievement Awards Workshop presented by Lynne Dunbar and Douglas Holmes at 15th Annual TheMHS Conference, 31st August – 2nd September 2005, Adelaide SA.

The role of preventing further episodes of mental illness in recovery symposium by Douglas Holmes, Debra Rickwood, and Susan Mitchell at 15th Annual TheMHS Conference, 31st August – 2nd September 2005, Adelaide SA.

Presentation by Douglas Holmes at the Macquarie Hospital Heads of Department meeting 13th September 2005

The price of insanity – MH-CoPES keynote presentation by Douglas Holmes at 10th NSW Rural Mental Health Conference, 16th-18th November 2005, Tweed Heads NSW.

Development of restraint, seclusion and transport guidelines for patients with behavioural disturbance presented by Ben Nielsen and Douglas Holmes at Forging Our Future 3 December 9-10 2005, Wollongong NSW.

Rural mental health tele-education. A collaborative, consumer led project presented by Jenny Grosvenor, Yarif Freestone, Jenny Coleman, Douglas Holmes at Forging Our Future 3 December 9-10 2005, Wollongong NSW.

Coaching or mentoring and recovery, presented by Sandy Thomas and Douglas Holmes at Forging Our Future 3 December 9-10 2005, Wollongong NSW

The Minister's eleven cricket match, poster presentation by Brendan Kavanagh and Douglas Holmes at Forging Our Future 3 December 9-10 2005, Wollongong NSW.

Unleashing the potential of collaborative research: building new paths to the future, presented by Gillian Malins at the Rozelle Hospital 15th Annual Winter Symposium, 23rd June 2006

Conference, Seminar, & Event Attendance

15th Annual TheMHS Conference – Adelaide - August / Sept 2005

Suicide Prevention Australia LiFe Awards Presentation – Government House, Sydney - 2005

Launch of Mental Health Week – Sydney - October 2005

Mental Health has a Bright Future – Garvan Institute, Sydney - Mental Health Week October 2005

Community Interest Forum and Open Day – The Black Dog Institute, Sydney - Mental Health Week October 2005

Living well with bipolar disorder seminar – organised by the Depression and Mood Disorders Association NSW – The Black Dog Institute, Sydney - 17th October 2005

Forging Our Future 3 Conference – Wollongong - 9th- 10th December 2005

Australasian Society of Bipolar Disorders Conference – Melbourne - 23-25th February 2006

Consumer Forum – Conference Centre, Rozelle Hospital, Sydney – 18th May 2006

“Working on Wellness Succeeding Together” – Schizophrenia Fellowship of NSW Seminar - Sydney – 20th May 2006

The Black Dog Institute Writing Competition Presentations – The Black Dog Institute, Sydney - 31st May 2006

Mental Health in NSW: Getting Beyond Crisis – seminar organised by the Australian Democrats - 31st May 2006

Launch of Consumer Activity Network – Mental Health Inc – Parliament House, Sydney - 6th June 2006

Symposium: Brain and Mind – University of Sydney Faculty of Medicine 150 years celebration - University of Sydney, Sydney – 15th June 2006

Auditor's Report

***NSW CAG Mental Health Inc.
82 549 349***

Financial Report for the year ended 30 June 2006

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- Independent audit report to the members of NSW CAG Mental Health Inc
- Statement by members of the committee
- Income statement for the year ended 30 June 2006
- Balance Sheet as at 30 June 2006
- Notes to the financial statements for the year ended 30 June 2006
- Income and expenditure statement for the year ended 30 June 2006

**INDEPENDENT AUDIT REPORT
TO THE MEMBERS OF NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349**

Scope

The Financial Report and Committee's Responsibility

The financial report comprises the Balance Sheet, Income Statement, accompanying notes to the financial statements, and the statement by members of the committee for NSW CAG MENTAL HEALTH INC. (the association), for the year ended 30 June 2006.

The committee of the association is responsible for the preparation and true and fair presentation of the financial report in accordance with the Associations Incorporations Act NSW. This includes responsibility for the maintenance of adequate accounting records and internal controls that are designed to prevent and detect fraud and error, and for the accounting policies and accounting estimates inherent in the financial report.

Audit Approach

I conducted an independent audit in order to express an opinion to the members of the association. My audit was conducted in accordance with Australian Auditing Standards, in order to provide reasonable assurance as to whether the financial report is free of material misstatement. The nature of an audit is influenced by factors such as the use of professional judgement, selective testing, the inherent limitations of internal control, and the availability of persuasive rather than conclusive evidence. Therefore, an audit cannot guarantee that all material misstatements have been detected.

I performed procedures to assess whether in all material respects the financial report presents fairly, in accordance with the Associations Incorporations Act NSW, including compliance with Accounting Standards and other mandatory financial reporting requirements in Australia, a view which is consistent with my understanding of the association's financial position.

I formed my audit opinion on the basis of these procedures, which included:

- : examining, on a test basis, information to provide evidence supporting the amounts and disclosures in the financial report and
- : assessing the appropriateness of the accounting policies and disclosures used and the reasonableness of significant accounting estimates made by the committee.

While I considered the effectiveness of management's internal controls over financial reporting when determining the nature and extent of our procedures, my audit was not designed to provide assurance on internal controls

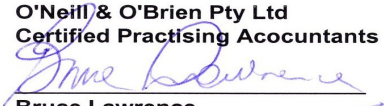
Independence

In conducting my audit, I followed applicable independence requirements of Australian professional ethical pronouncements.

**INDEPENDENT AUDIT REPORT
TO THE MEMBERS OF NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349**

Audit Opinion

In my opinion, the financial report of NSW CAG MENTAL HEALTH INC. presents a true and fair view IN accordance with applicable Accounting Standards and other mandatory professional reporting requirements in Australia, the financial position of NSW CAG MENTAL HEALTH INC. as at 30 June 2006 and the results of its operations for the year then ended.

Name of firm:	O'Neill & O'Brien Pty Ltd Certified Practising Accountants
Name of Director:	 Bruce Lawrence
Address:	11-13 Hartill-Law Avenue Bardwell Park NSW 2007
Dated this 16 th	day of November 2006

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

STATEMENT BY MEMBERS OF THE COMMITTEE

In the opinion of the committee the financial report as set out on pages 1 to 8:

- 1 Presents fairly the financial position of NSW CAG MENTAL HEALTH INC. as at 30 June 2006 and its performance for the year ended on that date in accordance with Australian Accounting Standards, mandatory professional reporting requirements and other authoritative pronouncements of the Australian Accounting Standards Board.
- 2 At the date of this statement, there are reasonable grounds to believe that NSW CAG MENTAL HEALTH INC. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

Committee Member



Anna Saminsky

Committee Member



Brenda Spencer

Dated this

7th 11

day of

November 2006.

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

INCOME STATEMENT
FOR THE YEAR ENDED 30 JUNE 2006

	Note	2006 \$	2005 \$
<hr/>			
CLASSIFICATION OF EXPENSES BY NATURE			
Revenues from ordinary activities	2	412,771	367,413
Employee benefits expense		-180,625	-171,158
Depreciation and amortisation expenses	3	-5,631	-11,337
Other expenses from ordinary activities		-168,664	-167,477
Profit (Loss) from ordinary activities before income expense	3	57,851	17,441
Income tax expense relating to ordinary activities		0	0
Net Profit (Loss) from ordinary activities after income tax expense attributable to the association		57,851	17,441
Total changes in equity other than those resulting from transactions with owners as owners		57,851	17,441

The accompanying notes form part of these financial statements

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

BALANCE SHEET
AS AT 30 JUNE 2006

	Note	2006 \$	2005 \$
CURRENT ASSETS			
Cash Assets	4	79,163	997
Receivables	5	1,774	5,736
TOTAL CURRENT ASSETS		80,937	6,733
NON-CURRENT ASSETS			
Property, plant and equipment	6	17,260	22,890
TOTAL NON-CURRENT ASSETS		17,260	22,890
TOTAL ASSETS		98,197	29,623
CURRENT LIABILITIES			
Payables	7	9,109	9,768
Provisions	8	11,382	0
TOTAL CURRENT LIABILITIES		20,491	9,768
TOTAL LIABILITIES		20,491	9,768
NET ASSETS		77,706	19,855
EQUITY			
Retained profits	9	77,706	19,855
TOTAL EQUITY		77,706	19,855

The accompanying notes form part of these financial statements

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2006

1 Statement of Significant Accounting Policies

The financial report is a general purpose financial report that has been prepared in accordance with applicable Australian Accounting Standards. Urgent, Issues Group Consensus Views and other authoritative pronouncements of the Australian Accounting Standards Board and the requirements of the Associations Incorporation Act NSW.

The financial report covers NSW CAG MENTAL HEALTH INC. as an individual entity. NSW CAG MENTAL HEALTH is an association incorporated in NSW under the Associations Incorporation Act 1984.

The financial report has been prepared on an accrual basis and is based on historical costs and does not take into account changing money values, or except where stated, current valuations of non-current assets. Cost is based on the fair values of the consideration given in exchange for assets.

The following is a summary of the material accounting policies adopted by the association in the preparation of the financial report. The accounting policies have been consistently applied, unless otherwise stated.

Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation.

Plant and Equipment

Plant and equipment is measured on the cost basis.

The carrying out of plant and equipment is reviewed annually by the association to ensure it is not in excess of the recoverable amount from those assets. The recoverable amount is assessed on the basis of the expected net cash flows which will be received from the assets' employment and subsequent disposal. The expected net cash flows have not been discounted to present values in determining recoverable amounts.

Depreciation

The depreciable amount of all fixed assets including buildings and capitalised leased assets, but excluding freehold land, are depreciated on a straight line basis over their estimated useful lives to the economic association commencing from the time the asset is held ready for use. Properties held for investment purposes are not subject to a depreciation charge. Leasehold improvements are depreciated over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

NSW CAG - MENTAL HEALTH INC.

ABN 82 549 537 349

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2006**

Employee Benefits

Provision is made for the association's liability for employee benefits arising from services rendered by employees to balance date. Employee benefits expected to be settled within one year together with benefits arising from wages and salaries, annual leave and sick leave which will be settled after one year, have been measured at the amounts expected to be paid when the liability is settled plus related on-costs. Other employee benefits payable later than one year have been measured at the present value of the estimated future cash outflows to be made for those benefits.

Contributions are made by the association to an employee superannuation fund and are charged as expenses when incurred.

Cash

For the purposes of the Cash Flow Statement, cash includes cash on hand, at banks and on deposit.

Revenue

Interest revenue is recognised on a proportional basis taking into account the interest rates applicable to the financial assets.

Revenue from the rendering of a service is recognised upon the delivery of the service to the customers.

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2006

	2006	2005
	\$	\$
<hr/>		
2 Revenue		
Rendering of services	503	2,784
Other revenue	410,592	362,900
	<hr/>	<hr/>
	411,095	365,684
Non-operating activities		
Interest Received	1,676	1,729
	<hr/>	<hr/>
	1,676	1,729
Total revenue	<hr/>	<hr/>
	412,771	367,413
3 Profit from Ordinary Activities		
Profit from ordinary activities before income tax expense has been determined after:		
Depreciation of non-current assets		
Depreciation	5,631	11,337
	<hr/>	<hr/>
Total Depreciation	5,631	11,337
4 Cash Assets		
Cash on Hand	150	0
Cash at Bank	79,013	997
	<hr/>	<hr/>
	79,163	997
5 Receivables		
Current		
GST Debtor	779	4,076
Accounts Receivable	995	1,660
	<hr/>	<hr/>
	1,774	5,736

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2006

	2006	2005
	\$	\$
<hr/>		
6 Property, Plant and Equipment		
Office Equipment at Cost	66,922	66,921
Less Prov'n for Depreciaton	-53,560	-48,795
	13,362	18,126
Furniture & Fittings - at Cost	8,663	8,663
Less Prov'n for Depreciation	-4,765	-3,899
	3,898	4,764
Total Plant and Equipment	17,260	22,890
Total Property, Plant and Equipment	17,260	22,890
Movements in Carrying Amounts		
Movements in carrying amount for each class of property, plant and equipment between the beginning and the end of the current financial year.		
7 Payables		
Current		
Trade Creditors	9,109	9,768
	9,109	9,768
	9,109	9,768
8 Provisions		
Current		
Provision for Annual Leave	11,382	0
	11,382	0

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2006

	2006	2005
	\$	\$
<hr/>		
9 Retained Profits		
Retained profits at the beginning of the financial year	19,855	2,414
(Net Loss) Net profit attributable to the association	57,851	17,441
	<hr/>	<hr/>
	77,706	19,855
	<hr/> <hr/>	<hr/> <hr/>

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

**NOTES TO AND FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2006**

CASH FLOW STATEMENT

	2006 \$	2005 \$
<hr/> CASH FLOWS FROM OPERATING ACTIVITIES		
Cash Receipts in the Course of Operations	412,771	367,413
Cash Payments in the Course of Operations	334,604	445,851
	<hr/>	
Net Cash provided by/(used in) Operating Activities	78,167	-78,438
	<hr/> <hr/>	
 CASH FLOWS FROM INVESTING ACTIVITIES		
Payments for Property, Plant & Equipment	0	-4,080
	<hr/>	
Net Cash provided by/(used in) Investing Activities	0	-4,080
	<hr/> <hr/>	
 CASH FLOWS FROM FINANCING ACTIVITIES		
INCREASE/(DECREASE) IN CASH HELD	78,167	-82,518
CASH AT THE BEGINNING OF THE YEAR	996	83,514
	<hr/>	
CASH AT THE END OF THE YEAR	79,163	996
	<hr/> <hr/>	

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

**NOTES TO AND FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2006**

NOTES TO CASH FLOW STATEMENT

		2006	2005
		\$	\$
<hr/>			
1)	Reconciliation of Cash		
	For the purposes of this statement, cash includes the following:-		
	Cash in Hand	150	0
	Cash at Bank	79,013	996
		<hr/>	<hr/>
		79,163	996
		<hr/> <hr/>	<hr/> <hr/>
2)	Reconciliation of Net Cash Provided by Operating Activities to Operating Profit		
	Operating Surplus (Deficit)	57,851	17,441
	Depreciation & Amortisation	5,631	11,337
	Increase in Provisions	11,382	0
	Increase (Decrease) in accrued expenses, Creditors, Advance funding	-1,438	-101,481
	Decrease/(Increase) in receivables/payments	4,741	-5,735
		<hr/>	<hr/>
		78,167	-78,438
		<hr/> <hr/>	<hr/> <hr/>

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

INCOME & EXPENDITURE STATEMENT
FOR THE YEAR ENDED 30 JUNE 2006

	2006	2006	2005
		\$	\$
<hr/>			
Revenue			
Interest Received		1,676	1,729
		<hr/>	<hr/>
		1,676	1,729
Other Revenue			
NSW Health Department			
- Core Funding NSW CAG Grant	231,200		
- MH-CoPES Stage 2 Grant	150,000		
- Forging Our Future Conference Grant	9,091		
- Conference Payment	236		
- Marrickville Council Project Grant	<u>2,500</u>	393,027	360,000
Conference Income		17,565	2,900
Consult & Committee Works		503	2,784
		<hr/>	<hr/>
		411,095	365,684
		<hr/>	<hr/>
		412,771	367,413
		<hr/> <hr/>	<hr/> <hr/>

The accompanying notes form part of these financial statements

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

INCOME & EXPENDITURE STATEMENT
FOR THE YEAR ENDED 30 JUNE 2006

	2006	2005
	\$	\$
<hr/>		
Expenditure		
Accountancy	1,676	1,400
Advertising & Promotion	1,231	2,801
Bookkeeping	15,222	10,947
Bank Charges	602	484
Computer Software	1,589	6,185
Meetings and Conferences	0	10,879
Development & Research	14,980	2,432
Consultants Fees	13,277	12,705
Depreciation	5,631	11,337
Courier & Postage Costs	6,669	4,026
Insurance	2,722	2,944
Interest	18	1,130
Members Fees	15,918	31,300
Provision for Annual Leave	11,381	0
Printing Stationery & Postage	23,463	23,171
Repairs & Maintenance	2,020	0
Staff	2,908	1,345
Training		
Stocktaking	0	5,718
Subscriptions & Contributions	0	134
Superannuation	13,728	13,999
Telephone & Internet Fees	1,410	1,709
Travelling & Subsistence Exes	64,959	48,167
Wages	155,516	157,159
	<hr/>	<hr/>
	354,920	349,972
	<hr/>	<hr/>

The accompanying notes form part of these financial statements

NSW CAG - MENTAL HEALTH INC.
ABN 82 549 537 349

**STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 30 JUNE 2006**

	2006	2005
	\$	\$
Profit from ordinary activities before income tax	57,851	17,441
Income tax expense attributable to operating profit	0	0
Profit from ordinary activities after income tax	57,851	17,441
Retained profits at the beginning of the financial year	19,855	2,414
Retained profits at the end of the financial year	77,706	19,855

The accompanying notes form part of these financial statements